



FOOD & WINE CAMPANIA REGION

1° day ARRIVAL DAY

Arrival at the airport, meet with an English speaking tour manager and transfer to your hotel in Salerno. Welcome drink at the hotel where there will be the introduction of the tour. Welcome dinner in a traditional restaurant where you can taste the typical flavors of the Campania Region accompanied by a tasting of local wines. Dinner and overnight at the hotel.

2° day PAESTUM

In the morning departure to Paestum, where the best preserved Greek temples can be visited, an UNESCO world heritage site. We will visit the archeological area and after that we will go to Tenuta Vannulo, a family run biological farm, leader in the sector, where they raise buffaloes and they produce mozzarella. We will visit the farm, the rural museum and we will taste the famous Mozzarella D.O.P. . Lunch at the Agriturismo Porta Sirena, perfect combination of elegance and tradition. The Agriturismo proposes typical recipes of Cilento cuisine rigorously created with home-grown raw materials. Return to the hotel rest of day at your leisure and free dinner. overnight at the hotel

3° day - COOKING CLASS - OIL TASTING

This morning, we enjoy a cooking class and lunch to typical Agriturismo in the hearth of Campania Region. Giffoni Valle Piana, famous in all the world for the Giffoni Film Festival. In the morning visit of the medieval village of Terravecchia, borned in the Roman Period. We will continue our day with the cooking class. we will prepare our lunch using the typical products of the Picentini. In the afternoon we will visit a farm where we will see an olive grove and the factory for the transformation of olives into oil. return to the Hotel ,light dinner and overnight

4° day CASTELLABATE - WINE TASTING

Breakfast and departure to Castellabate, medieval village on the Cilento Coast. Once here you can join a traditional cooking lesson where you will have the chance to cook, taste and enjoy local recipes and prepare delicious dishes. In the afternoon visit to a winery, to taste some local wines and discover how they are produced. Return to hotel for dinner and overnight.



4° day AMALFI/LEMON TOUR/PIZZA CLASS/LIMONCELLO TASTING/RAVELLO

After breakfast at the Hotel, we leave for an unique experience among the lemon groves of Amalfi, the “gold” of the Amalfi Coast. We have a walk among the lemon trees and then we will learn how to make a pizza, typical and delicious Neapolitan dish, renowned all over the world. We will enjoy our savoury pizza and we will taste the famous limoncello. In the afternoon return to the hotel. In the evening transfer to Ravello, sightseeing tour of Ravello and Villa Rufolo and dinner at a traditional Trattoria to taste the typical productions and tasting of traditional wine made with grapes from the vines of Villa Rufolo, a real delicacy. Return to hotel, and overnight

5° day CAPRI - NAPLES

Breakfast and departure to the port of Naples, where a hydrofoil will take us on the famous island of Capri. Visit the Piazzetta, the Augustus gardens. Lunch in a typical restaurant and wine tasting of different wines. Free time for shopping among the streets of Capri. In the afternoon, return to Naples by hydrofoil, tour of the historic center of Naples, Piazza Plebiscito, the Gallery, the Royal Palace. Free time to taste the famous Neapolitan pastry "sfogliatella" and "baba" in one of the oldest and most famous pastry shops in Naples. Return to the hotel, light dinner and overnight.

6° day LACRIMA CHRISTI WINERY /COOKING CLASS

After breakfast at the Hotel we will have a funny and exclusive cooking class in the shadow of Mt. Vesuvius. This morning we will learn how to cook the traditional Neapolitan dishes under the supervision of the landlady, who will show us the secrets of the Neapolitan cuisine, and we will have the opportunity to taste them. After lunch we will visit a famous winery in which the renowned Lacrima Christi del Vesuvio is produced. We will see the cellars and we will have a wine tasting. At the end we will return to the Hotel and the remainder of the afternoon is at leisure. Free time and free dinner. overnight at our hotel..

7° day CASERTA - PASTA FACTORY - FAREWELL DINNER

Breakfast at hotel and departure to Caserta. Guided visit of Royal palace and its gardens. After the visit, transfer to a famous pasta factory near Caserta, where we will be able to witness the creation of pasta. Light Lunch with local wine tastings. Return to the hotel and rest of day at your leisure. Farewell Dinner in a typical restaurant near the sea. Return to hotel and overnight.

8° day- DEPARTURE

Breakfast at the hotel. Departure to Naples airport. End of the tour
